

Welcome to Our Community

The City of Issaquah invites you to walk in its 170 acres of developed and undeveloped parks and over 1,100 acres of open space. This map, provided to you by the City of Issaquah in cooperation with Public Health-Seattle & King County, is to remind you that physical activity is one of the best ways to prevent disease, and walking is one of the easiest ways to get started.

Many of these trails connect to more difficult routes in the surrounding trail systems located within the Grand Ridge, Tiger Squak and Cougar Mountains referred to by the locals as the Issaquah Alps. The paths depicted on this map are low in difficulty. Not all are ADA accessible. Walkers assume the risk for their own safety when walking on the routes indicated on this map.

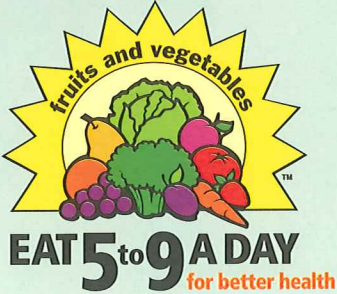
It is our hope that this map of neighborhood parks and walking routes will inspire you and give you new ideas of places to walk. There are many things to see and do within Issaquah. They are only a walk or bike ride away!

Ava Frisinger, Mayor
Issaquah, Washington

Dorothy Teeter,
Interim Director and Health Officer
Public Health - Seattle & King County

Edible Landscape

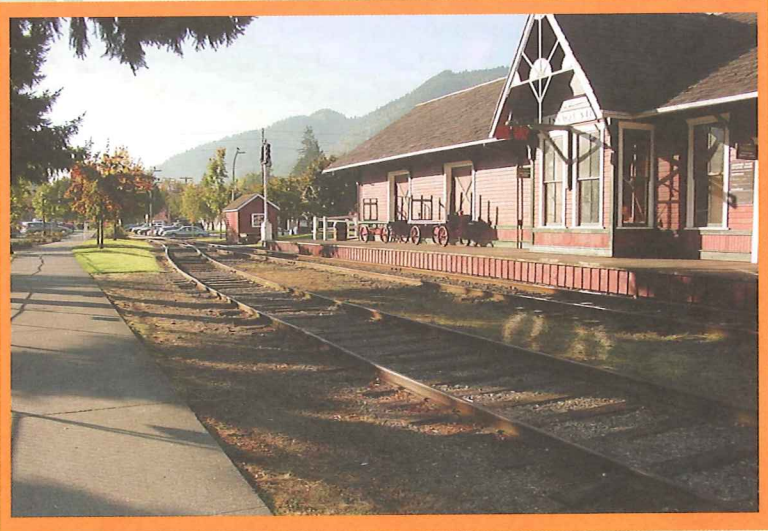
Take a walk down Gilman Boulevard and enjoy the beautiful scenery, and edible landscape. The Parks and Recreation Department maintains the vegetation along the boulevard that has 25 varieties of edible plants. You will find trees and shrubs on both sides of the sidewalk, that in different seasons bear a variety of produce, from apples to nuts. Enjoy this landscaped walkway which begins at the Issaquah Visitor Information Center. It takes about an hour to walk up one side of Gilman Boulevard and back, but you don't have to do it all at once. You can walk half and take a bus back. There are plenty of benches and picnic tables along the way to stop and rest. Feel free to help yourself to the fruit and nuts, after all, it's good for you. Public Health recommends eating five to nine fruits and vegetables a day to stay healthy and protected from disease. For more information on eating healthy visit the Public Health website at www.metrokc.gov/health/.



Parks

Facilities

Gibson Park 105 Newport Way										
Hillside Park 300 Mt McKinley Drive										
Depot Park 2 East Sunset Way										
Centennial Park 385 Front St. N. & 440 Rainier Ave. N										
Mine Hill Park Wildwood Blvd. SW										
Veterans Memorial Field 115 2nd Ave NE										
Tibbetts Valley Park 965 12th Ave. NW										
Gilman Blvd. Parkway along Gilman Blvd (Edible Landscape)										
Rainier Multiple Use Trail Rainier Boulevard Parkway										
Issaquah Community Center 301 Rainier Blvd. S										
Julius Boehm Pool 50 SE Clark										
Emily Darst Park East bank of Issaquah Creek, North of I-90										
Pickering Farm and Trail 1730 10th Avenue NW										
Newport Way Trail Along Newport Way										
Maple/Juniper Streets Trail Along Maple & Juniper Streets										
Sammamish Trail										



Parks & Facilities Legend

Indoor Facility	Wetlands / Creek	Basketball Courts
Picnic Tables	Baseball Fields	Open Play Field
Walking Trails/Paths	Tennis Courts	Playground
Restrooms	Swimming	

Issaquah Walks

Parks, Open Spaces & Walking Map



Issaquah Walking Routes / Legend

Route Descriptions

NOTE: Except for the Gilman Blvd. Edible Landscape Tour, all the routes are multiple use trails, where walking, running, bicycling, and rollerblading are allowable uses. Please share the trail responsibly.

The Green Route

The Gilman Blvd. Edible Landscaping Tour begins at the Issaquah Visitor Information Center and continues to the west along Gilman Blvd. to The Town and Country and Meadows Shopping Centers. It takes about an hour to walk this level, approximate one-mile route (two miles when walking out and back). See "Edible Landscape" Insert.

The Red Route

The Rainier Trail is an approximate two and half (2½) mile long, north – south route, that follows the former railroad corridor through the historic Issaquah downtown area. The route extends from Gilman Blvd. to Second Avenue and circles back toward E. Sunset Way. This route encompasses some of the City's many historic buildings and recreational opportunities, including the Issaquah Visitor Information Center, the Issaquah Depot, Art-in-the Park, Issaquah Senior Center and the Issaquah Community Center. This route now connects to the interim King County East Lake Sammamish Regional Trail, where a person can walk or ride a bicycle the eleven miles to the City of Redmond.

The Orange Route

The Maple – Juniper Trail provides an east – west trail connection from SR 900/17th Ave. NW to the City's Historic Olde Town District. This one-mile route also provides a level, walking and bicycle route that connects our downtown commercial districts and residential neighborhoods. A connection from this route to the Rainier Trail is planned.

The Yellow Route

The Newport Way Trail is almost one mile in length and parallels Newport Way on its northeast side. The trail extends from the Issaquah Commons Shopping District to West Sunset Way. It is also a level trail that takes approximately 30 minutes to walk. This route is a temporary trail that will be realigned when the Newport Way road improvements are constructed sometime in the future.

The Pink Route










The Sammamish Trail is located on the north side of NW Sammamish Road. The trail provides walking and bicycle access to Lake Sammamish State Park and links to the Pickering Trail (see purple route). The little more than one-mile route is level and also provides a connection to the walking trails located within the state park.

The Purple Route

The Pickering Trail connects to the Sammamish Trail on the north and extends approximately three-quarters (3/4) of a mile to the south where it links to the interim King County East Lake Sammamish Regional Trail. The Pickering Trail parallels and bridges Issaquah Creek and provides a wonderful opportunity to view the creek and its riparian corridor. Additionally, if shopping is what you would like to do, the trail provides access to the Pickering Farm, which offers a Farmers Market on Saturdays from spring to fall.

Blue Connectors

King County provides a regional trail system that typically follows former railroad routes. Within the City of Issaquah, these blue connector routes include the Issaquah – High Point Regional Trail and the East Lake Sammamish Regional Trail.

-  - Viewpoint
-  - Parking
-  - City Hall
-  - Library
-  - Village Theatre
-  - Issaquah Salmon Hatchery
-  - Julius Boem Pool
-  - Building
-  - Points of Interest

